

Postdoctoral Update

Office of Postdoctoral Affairs



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Reminder:

All University of Florida employees on an appointment as a Postdoctoral Associate or Postdoctoral Fellow may enroll in the PostDocCare health plan online at www.hr.ufl.edu/benefits/post_doc_care/enroll.asp. Enrollment must be completed within 30 days of the employee's date of hire, regardless of the Post Doc's status in the PeopleSoft system.

[More info](#)

Postdoc Wellness Workshop: January 10

Are you under a lot of stress? Do you think you are handling it well? This next installment in the Postdoc Development Workshop series is designed to provide postdocs with specific information and methods for handling the acute stress postdocs often face.

The next Postdoc Development Workshop will be held on Thursday, January 10 at 4:30pm in room 283 of the J. Wayne Reitz Union. The topic will be *Wellness: Managing Stress and Achieving Balance and Mindfulness*. The workshop speaker will be Dr. Tina Tannen, Licensed Mental Health Counselor. There will also be wellness resources information tabling from 5:30-6:30pm.

To keep the atmosphere of the workshop relaxed and intimate, this workshop will not be videotaped.

Information about this and other Postdoc Development Workshops are available on the website: <http://postdoc.aa.ufl.edu/postdoc-workshops>

Submitted by the Office of Postdoctoral Affairs

New on Website: Postdoc FAQs

Posted now on the Office of Postdoctoral Affairs website is a page with Frequently Asked Questions about postdoc issues and information. Please use the site as a general reference: <http://postdoc.aa.ufl.edu/faq>

If you have other questions you feel would be helpful to address on the website, please e-mail Kim Pace (kpace@aa.ufl.edu) with your suggestions.

Submitted by the Office of Postdoctoral Affairs

January 29 Postdoc Tour of Sid Martin Biotechnology Incubator

The Sid Martin Biotechnology Incubator invites all UF postdocs for a tour of their facility on January 29, 2013 at 3:00pm.

The Incubator is located in Alachua, Florida at 12085 Research Drive.

In order to attend you must register on this site:

<http://postdocbiotechtour.eventbrite.com/#> by January 22, 2013.

The Office of Postdoctoral Affairs will help to coordinate transportation for those who do not have a way to get to the facility.

Submitted by the Office of Postdoctoral Affairs

Responsible Conduct of Research in STEM Workshop

January 10, 2013 Marston Science Library, room 107 9:30-10:30am

We invite all graduate students, post docs, and faculty to participate in a seminar on the Responsible Conduct of STEM Research. This interactive seminar will cover the basic elements, including mentoring, authorship, peer review process, data management, research misconduct and plagiarism, conflicts of interest, and collaborative research. We will be using the Responsible Conduct of STEM Research Guide (<http://guides.uflib.ufl.edu/stemrcr>) as an outline. Please register at <http://apps.uflib.ufl.edu/Registration/>. For further information, or if you wish to have the workshop held at your department, please contact Michelle Leonard, mleonard@uflib.ufl.edu

Submitted by Michelle Leonard, Marston Science Library

The NIH's Action Plan (Inside Higher Ed)

A set of new initiatives put forward in further detail Friday by the National Institutes of Health could have far-reaching implications for faculty members, graduate students and postdoctoral researchers conducting biomedical research.

Read more: <http://www.insidehighered.com/news/2012/12/10/nih-plans-implement-proposals-future-biomedical-workforce>

Reminder: University of Florida Postdocs on Facebook and LinkedIn

Join this [Facebook group](#) for University of Florida postdocs as well as the LinkedIn group: http://www.linkedin.com/groups/Gainesville-Postdocs-4479251?trk=myg_ugrp_ovr%20

Submitted by the Office of Postdoctoral Affairs

Reminder: FREE Affiliate NPA Membership

If you did not receive your invitation to join the National Postdoctoral Association or if your invitation has expired and you need to be sent a refreshed invitation, please [contact Kim Pace](#) to receive an invitation.

[More information.](#)

Submitted by the Office of Postdoctoral Affairs

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