

Postdoctoral Update

Office of Postdoctoral Affairs



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January 28, 2014

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Important Information re: Postdoc Insurance:

Effective July 1, 2013, the University of Florida's insurance plan for Postdoctoral Associates and Postdoctoral Fellows will be provided as part of GatorCare, the University's new self-insured health plan. The name of the plan is GatorCare Options. To view a plan brochure for GatorCare Options, please visit http://gatorcare.org/options_g.asp. For further details about GatorCare in general, please visit <http://gatorcare.org>.

Beginning July 1, 2013, newly hired Postdoctoral Associates and Postdoctoral Fellows will be able to complete their GatorCare Options enrollment via the myUFL system. Detailed instructions on how to enroll can be found on the attachment.

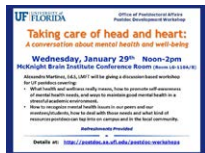
Important deadlines:

- New hires must complete enrollment within 60 days of hire.
- Qualifying event changes must be completed within 60 days of the event.
- Open enrollment elections must be completed prior to the end of open enrollment.

If you have questions about enrollment or eligibility, please contact HRS's GA and Post Doc Associate Benefits Office at hrspostdocbenefits@admin.ufl.edu or (352) 392-0003.

- [All Inclusive Guide \(.pdf\)](#)
- [Information from InfoGator \(.pdf\)](#)

Please note that GatorCare is not available to Adjunct Post Docs or Adjunct Clinical Post Docs.



Postdoc Development Workshop Tomorrow: January 29

Alexandra Martinez, Ed.S., LMFT will be giving a discussion based workshop aimed at UF postdocs. The workshop will be two hours and cover two broad topics. Alexandra will address what health and wellness really means, how to promote self-awareness of mental health needs, and ways to maintain good mental health in a stressful academic environment. She will also focus on how to recognize mental health issues in our peers and our mentees/students, how to deal with those needs and what kind of resources post-docs can tap into on campus and in the local community.

The workshop takes place on **Wednesday, January 29**, in the McKnight Brain Institute Conference Room from noon-2pm.

More information on the Postdoc Development Workshop Website:
<http://postdoc.aa.ufl.edu/postdoc-workshops>

[Workshop Flyer \(.pdf\)](#)

This workshop will NOT be videotaped.

NIH Director's Biomedical Research Workforce Innovation Award: Broadening Experiences in Scientific Training (BEST) (DP7)

The purpose of this FOA is to seek out, identify and support bold and innovative approaches designed to broaden graduate and postdoctoral training, such that training programs reflect the range of career options that Ph.D. graduate students and postdoctoral (regardless of funding source) pursue and that are required for a robust biomedical, behavioral, social and clinical research enterprise.

The announcement seeks applications from institutions with established predoctoral programs. If an applicant institution also trains a significant number of postdoctoral scientists, the proposed program designed in response to this FOA must also include a plan to address the needs of the postdoctoral scientists. It is expected that the BEST awards will transcend department, program, and possibly school boundaries, and be available to biomedical science graduate students and postdocs across disciplines. They should aim to transform the culture of research training in the biomedical sciences for both participants and mentors and disseminate findings widely across the training community. Applications that leverage funds from this program with existing institutional offices and programs, local resources outside the institution, or partners are highly encouraged. Awards will be for up to \$250,000 in direct costs per year, plus applicable Facilities and

Administrative (F&A) costs. The requested project period may not exceed five years.

UF may submit only one application in response to this solicitation. Those interested in participating in a potential UF submission must contact the UF Office of Research (Attn: Jeevan Jyot, limitedprograms@research.ufl.edu) by February 17, 2014 for internal coordination.

For more details on the program, including a link to the full solicitation, please visit the UF Funding Opportunities announcement:
<http://my.research.ufl.edu/Applications/FundingOpportunities/ArticleDetail.aspx?id=35275>

Submitted by Jeevan Jyot, UF Office of Research

Collaborative Research Travel Grants

The Collaborative Research Travel Grant (CRTG) program provides up to \$15,000 in support for researchers from degree-granting institutions to travel either domestically or internationally to a laboratory to acquire a new research technique or to facilitate a collaboration.

To capitalize on what appears to be an opportunity to provide relatively unrestricted travel funds to academic scientists and trainees and to provide a stimulus for those working or contemplating working at the interface of science, this program provides travel grants that can be used both internationally and domestically to acquire new research techniques, and to promote collaborations.

Visit the Burroughs Wellcome Fund website for [eligibility guidelines](#).

Deadline: February 3, 2014

Submitted by Burroughs Wellcome Fund

VA/UF Institute on Aging Clinical Translational Aging Research Series

"Age related outcomes in the acute respiratory distress syndrome: uncontrolled inflammation?"

Presented by: Clark Files, MD

Assistant Professor

Section on Pulmonary Critical Care Allergy and Immunologic Disease

Department of Medicine

Wake Forest University School of Medicine

Monday, February 3rd, 2014, Noon - 1:00 PM

CTRB - Classroom 2161

Lunch Provided

[Program Flyer \(.pdf\)](#)

Submitted by Christy S. Carter, Institute on Aging, College of Medicine

Reminder: University of Florida Postdocs on Facebook and LinkedIn

Join this [Facebook group](#) for University of Florida postdocs as well as the LinkedIn group: http://www.linkedin.com/groups/Gainesville-Postdocs-4479251?trk=myg_ugrp_ovr%20

Submitted by the Office of Postdoctoral Affairs

Reminder: FREE Affiliate NPA Membership

If you did not receive your invitation to join the National Postdoctoral Association or if your invitation has expired and you need to be sent a refreshed invitation, please [contact Kim Pace](#) to receive an invitation.

[More information.](#)

Submitted by Kim Pace, Office of Postdoctoral Affairs

Reminder: Postdoc Info Listserv

Want to receive e-mail prompts prior to postdoc events like the [Postdoc Development Workshops](#) and other postdoc events?

A listserv has been created for postdocs to receive reminders for upcoming postdoc events. Please e-mail Kim Pace (kpace@aa.ufl.edu) and tell me you wish to subscribe to the "postdoc info listserv."

Submitted by Kim Pace, Office of Postdoctoral Affairs

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