

# Postdoctoral Update

## Office of Postdoctoral Affairs



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POSTDOCTORAL AFFAIRS

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## July 26, 2016

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## 2016 National Postdoc Survey Extended through July 30th

We have heard your requests — the 2016 National Postdoc Survey has been extended through the month of July!

Our survey will remain active until July 30th, and can be accessed using the original survey link and information found below.

While thousands have already responded, we would like to offer additional postdocs one last chance to participate. Please help us to ensure that all postdocs have had an opportunity to make their voices heard by sharing this information with them.

Please find below a link to the 2016 National Postdoctoral Survey (NPS) to forward to all postdocs currently in your institution (IRB protocol # IRB15-1724, University of Chicago). This survey was conceived and developed by postdocs in order to identify important issues within the national postdoctoral community. The results of this survey will provide critical data to help inform and equip those who advocate for policy on behalf of postdocs everywhere.

We invite all postdoctoral scholars, fellows, and non-faculty post-PhD researchers to participate (independent of academic field or discipline). All answers are completely anonymous and we estimate that the survey will take 15-20 minutes to complete on average. Upon completion, participants may choose to enter their contact information for a chance to win travel awards to a scientific meeting of their choice. You can help bring a voice to the postdoctoral community by completing the survey!

Institutions with at least 50 postdoc respondents to the survey will be eligible to receive summary results from their specific institutions upon request, which will be useful for comparison to national benchmarks. Regardless, all postdoc data will contribute, and institutions with fewer respondents may instead receive summary results compiled from peer institutions.

For additional information, you may visit our website at <http://postdocsurvey.org>. Also, please do not hesitate to contact us with any questions, using [postdocsurvey@uchicago.edu](mailto:postdocsurvey@uchicago.edu), and feel free to share this information, [flyer](#), and [NPS invitation letter](#) with your colleagues.

*Submitted by Sean McConnell, The University of Chicago Postdoctoral Survey Research Team*

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## GatorCare Blue Rewards Program

GatorCare subscribers can get rewarded for healthy behaviors through the new Blue Rewards program. Complete three activities by September 30 for entrance into a drawing to win one of 200+ \$50 Publix gift cards!

**It's Not Too Late, Get Started Now!**

### **1. Complete a free biometric screening.**

Learn your cholesterol, HDL, LDL, blood glucose, and more! Screenings were offered at UF Health Shands locations during the month of May. If you missed these screenings or live outside of the Gainesville area, free screenings will be available through [Quest Diagnostics](#) until August 31.

### **2. Complete the Personal Health Assessment using your results from the biometric screening.**

The Personal Health Assessment is available through your Blue Rewards portal at [floridablue.com](http://floridablue.com) and takes about 15 minutes to complete.

### **3. Indicate you are tobacco free on your Personal Health Assessment or complete a tobacco cessation class.**

Complete these activities by September 30, 2016 to be entered into the gift card drawing.

Additional information is available on the [GatorCare Blue Rewards](#) page.

*Submitted by Morgan Papworth, Blue Cross Blue Shield of Florida*

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## New Postdoc Orientation 2016

The Office of Postdoctoral Affairs is pleased to announce that registration is now available for the 2016 New Postdoc Orientation on Monday, August 22, 2016. The orientation will be held at the Reitz Union in the Grand Ballroom and will begin at 9:00 a.m. and will last until 3:15 p.m. A continental breakfast and lunch will be provided. The orientation is not mandatory.

The orientation includes presentations from UF resources and VP offices such as UF Libraries, General Counsel's Office, Office of Research, Employee Legal Services, GatorCare Health Insurance, Human Resource Services, and International Postdoc Resources.

*You must register in order to attend.* Please go to <https://www.eventbrite.com/e/new-postdoc-orientation-2016-tickets-26372754619> to register to attend.

The last day to register to attend is Sunday, August 14<sup>th</sup>.

*Submitted by the Office of Postdoctoral Affairs*

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## Postdoc Funding Opportunities

On the [Resources](#) page of the Office of Postdoctoral Affairs website, we have created a Funding Opportunities page which lists all the different types of funding available to postdocs.

*Submitted by the Office of Postdoctoral Affairs*

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## Postdoc HR Issues:

**Insurance and Benefits:** If you have questions about benefits enrollment or eligibility, please contact UF's [Human Resource Services'](#) Benefits Office at [benefits@ufl.edu](mailto:benefits@ufl.edu) or (352) 392-2477.

**Employee Issues:** If you are experiencing an issue with your supervisor that is not resolved in your department and need assistance or guidance, please contact Ms. Kim Baxley, Director of Employee Relations, in UF's [Human Resource Services](#). Ms. Baxley can be reached at 392-1072 or [kczap@ufl.edu](mailto:kczap@ufl.edu).

*Submitted by the Office of Postdoctoral Affairs*

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## Reminder: University of Florida Postdocs on Facebook and LinkedIn

Join this [Facebook group](#) for University of Florida postdocs as well as the LinkedIn group: [http://www.linkedin.com/groups/Gainesville-Postdocs-4479251?trk=myg\\_ugrp\\_ovr%20](http://www.linkedin.com/groups/Gainesville-Postdocs-4479251?trk=myg_ugrp_ovr%20)

*Submitted by the Office of Postdoctoral Affairs*

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## Reminder: FREE Affiliate NPA Membership

If you would like to receive an invitation to join the National Postdoctoral Association or if your invitation has expired and you need to be sent a refreshed invitation, please [contact Cheryl Gater](#) to receive an invitation.

[More information.](#)

*Submitted by the Office of Postdoctoral Affairs*

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## Reminder: Postdoc Info Listserv

*Want to receive e-mail prompts prior to postdoc events like the [Postdoc Development Workshops](#) and other postdoc events?*

A listserv has been created for postdocs to receive reminders for upcoming postdoc events. Please e-mail Cheryl Gater ([cgater@aa.ufl.edu](mailto:cgater@aa.ufl.edu)) and tell me you wish to subscribe to the "postdoc info listserv."

*Submitted by the Office of Postdoctoral Affairs*

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