Getting Started

PLANNING & PRODUCTIVITY FOR POST-DOCS
Faculty development researchers have demonstrated that accountability and support increase writing productivity among new faculty members. And yet, when graduate students, post-docs and new faculty talk about needing support that goes beyond substantive feedback, they’re often met with some form of shaming...


Because just "... shut up and write" is not a sound strategy. https://www.insidehighered.com/advice/2010/06/14/shut-and-write
The three keys of planned productivity

**Tasks and Texts**
- Know your products.
- What articles do you need to write?
- How are they structured?
- What comes first?
- What comes next?

**Daily Writing**
Peaceful productivity is achieved through discipline and daily activity. I know – yuck! But the reality is texts happen when writing takes place every day.

**Writing Groups**
Humans are social animals. Writing is a solitary activity. This is a problem. When writers work in groups, they feel more accountable. Think of it as Happy Hour.

*Today's focus!*
Daily Writing

“Writing daily, even for 15-30 minutes, greatly increases scholarship activity compared to writing infrequently in big blocks of time...participants who wrote daily wrote twice as many hours as those who wrote in binges but generated ten times as many published articles (Boice 2000:144)”

Tara Gray, Publish and Flourish
Establish space, place, and time.

**Entrainment** refers to an individual's chronobiological, physical, and behavioral relationship with their environment.
Daily Writing #1: SCHEDULE WRITING.

**UP Time**
Mandatory work-related obligations that cannot be changed or missed. These are in your calendar.

**DOWN Time**
Discretionary work-related time – small pockets of time that are not in your calendar. Can also be the 30 minutes right before or right after work.

**OFF Time**
Time meant for sleeping, eating, playing, family --> all the other stuff that makes us human.
What is writing?
Writing is the communication of research activities to a reader.
• Outlining
• Drafting
• Revising

Put writing time in your calendar
Treat it like an appointment. A sacred, uncrossable bright line.
Daily Writing #2: Where will you write?
Daily Habit #3: Employ your senses.

Entrainment: physical and behavioral relationship with your environment.
Socializing Writing: accountability groups
Table 1

Daily Writing, Record Keeping, and Accountability: The Effect on Productivity

(Boice 1989:609)

<table>
<thead>
<tr>
<th>Participant Groups</th>
<th>Mean Pages Written or Revised per Year</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>First Group</strong></td>
<td>17</td>
</tr>
<tr>
<td>(attended workshop but chose to continue to write occasionally, in big blocks of time)</td>
<td></td>
</tr>
<tr>
<td><strong>Second Group</strong></td>
<td>64</td>
</tr>
<tr>
<td>(attended workshops and agreed to write daily for at least 15 minutes and record it)</td>
<td></td>
</tr>
<tr>
<td><strong>Third Group</strong></td>
<td>157</td>
</tr>
<tr>
<td>(attended workshops and agreed to write daily for at least 15 minutes and be held accountable for doing so)</td>
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</tbody>
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Writing coaches

Keep the fires lit!
Each day

Record/post time spent writing
Record/post writing task/s
Encourage peers

"32 minutes" / "outlined intro, wrote opening paragraph" / "good job!"
Social movements have catalyzed change in the U.S. legal system by demanding more stringent enforcement of existing laws, the repeal of laws, and the creation of new laws. Much less research, however, has approached the interplay of law and social movements from the opposite perspective, that is, examining how the creation of law affects social movements. This research aims to shed light on these dynamics by examining how the movement opposing surface mining in Appalachia has evolved since the passage of the Surface Mining Control and Reclamation Act of 1977 (SMCRA).